

# Rossmore Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BREAKFAST</b>						
<i>A choice of Continental Breakfast: Porridge, Cereals, Toast with Preserves, Fresh Fruit, Fruit Juice, Yogurt served with a selection of Hot &amp; Cold Beverages (Cooked Breakfast available upon request)</i>						
<b>LUNCH AND EVENING ALTERNATIVES MEALS</b>						
<i>Jacket potato with various filling, assorted salads and sandwiches, omelette, soup, cheese &amp; Biscuits, ice cream, yogurt, fresh fruit</i>						
<b>LUNCH SERVED 12.15</b>						
Pizza, Chips & Salad  <i>or</i>  Bacon, Scrambled Egg & Tomatoes	Corned Beef, Cheese, Pickle served with Salad, Bread & Butter  <i>or</i>  Baked Potato Various Filling	Sausage Pattie served with Sauté Potatoes & Beans  <i>or</i>  Smoked Haddock New Potatoes & Broccoli	Home Cooked Gammon Served with Egg, New Potatoes & Salad  <i>or</i>  Sausage Rolls Chips & Beans	Fish & Chips Mushy Peas  <i>or</i>  Poached Fish in Parsley Sauce Served with Creamed Potatoes & Garden Peas	Black Pudding, Bacon, Sausage, Grilled Tomato & Mushroom  <i>or</i>  Tuna Pasta Bake Served with Salad & Garlic Bread	Roast Leg of Pork Homemade Apple Sauce Served with Roasted Potatoes & Vegetables  <i>or</i>  Ravioli in Tomato Sauce
<b>DESSERT</b>						
Rhubarb Crumble served with Custard or Whip	Orange Sponge served with Custard or Ice Cream	Treacle Sponge & Custard or Ice Cream	Cherry Sponge & Custard	Trifle Ice Cream Whip	Cornflake Chocolate Crunch & Cream or Ice Cream	Creamy Semolina Topped with Jam or Whip
<b>AFTERNOON TEA</b>						
<i>Assorted Cake, Cookies, Scones, Chocolate Eclairs, served with a selection of Hot &amp; Cold Beverages</i>						
<b>EVENING MEAL 4.15PM</b>						
Braised Belly Pork Slices in a Mushroom Sauce  <i>or</i>  Savoury Meat Balls in a Spicy Tomato Sauce  Served with Creamed Potatoes & Vegetables	Chicken & Ham Pie  <i>or</i>  Cottage Pie  Served with Potatoes & Vegetables	Beef Stew Cobbler  <i>or</i>  Cheese Omelette  Served with Creamed Potatoes & Vegetables	Pork Sausage Casserole Served with Creamed Potatoes & Vegetables  <i>or</i>  Cheese Salad	Finger Buffet including Sausage Rolls, Sandwiches, Crisps & Pickles  <i>or</i>  Various Soup, or Jacket potato	Traditional Shepherd's Pie Served with Creamed Potato & Vegetables  <i>or</i>  Cauliflower Cheese & Broccoli	Ham & Mushroom Quiche with New Potatoes and Peas  <i>or</i>  Jacket Potatoes Beans & Cheese
<b>DESSERT</b>						
Banoffee Pie & Cream	Jelly, Fruit & Cream	Mandarin Gateau & Cream	Jam Rolly Polly & Cream	Red Cherry Crumble & Cream	Peach Meringue & Melba Sauce	Bread & Marmalade Pudding with Cream
<b>SUPPERS</b>						
<i>Milky Drink with Biscuits, Sandwiches and Snacks available</i>						

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<i>A choice of Continental Breakfast: Porridge, Cereals, Toast with Preserves, Fresh Fruit, Yogurt served with a selection of Hot &amp; Cold Beverages (Cooked Breakfast available upon request)</i>						
<b>LUNCH AND EVENING ALTERNATIVES MEALS</b>						
<i>Jacket potato with various filling, assorted Salads and Sandwiches, Omelette, Soup, Cheese &amp; Biscuits, Ice cream, Yogurt, Fresh Fruit</i>						
<b>LUNCH SERVED 12.15</b>						
Scampi, Chips & Peas with Bread & Butter  <i>or</i>  Jacket Potatoes Various Fillings	Cheese & Tomato Quiche Served with New Potatoes & Salad  <i>or</i>  Cauliflower Cheese & Broccoli	Chicken Burger Served with Sautee Potatoes, Salad Bread & Butter  <i>or</i>  Omelette, Beans & Bread & Butter	Sausage & Tomatoes Served with Waffles  <i>or</i>  Jacket Potato serve with Tuna Mayonnaise Filling	Battered Haddock Served with Chips & Mushy Peas <i>or</i> Poached Fish in Sauce  Served with Creamed Potatoes and Garden Peas	Corned Beef Fritters served with Croquettes & Beans <i>or</i>  Ravioli in Tomato Sauce	Roast leg of Lamb Mint Sauce Served with Roast Potatoes & Vegetables <i>or</i> Chicken Arriabetta Pasta Served with Garlic Bread , Green Salad
<b>DESSERT</b>						
Apple Crumble Served with Custard, Cream or Ice cream or Whip	Chocolate Brownie Served with Chocolate Custard or Ice Cream Or Whip	Orange Sponge Served with Chocolate Sauce or Ice Cream	Bakewell Tart Served with Custard or Cream	Sherry Trifle or Ice Cream	Bread & Butter Pudding Served with Cream or Custard or Mousse	Apple & Blackberry Pie Served with Custard or Cream or Whip
<b>AFTERNOON TEA</b>						
<i>Assorted Cake, Cookies, Scones, Chocolate Eclairs served with a selection of Hot &amp; Cold Beverages</i>						
<b>EVENING MEAL 4.15PM</b>						
Cottage Pie Served with Creamed Potatoes & Vegetables  <i>or</i>  Assorted Sandwiches	Sausage & Tomato Pie Served with Creamed Potato & Vegetables  <i>or</i>  Chilli Con Carnie & Rice	Lamb Chasseur Served with Braised Rice & Vegetables  <i>Or</i>  Corned Beef Hash & Vegetables	Beef Bourguignon Served with Creamed Potatoes & Vegetables <i>or</i>  Cheese Salad	Finger Buffet, Sausage Roll & Crisps  <i>or</i>  Jacket Potato with various fillings	Steak & Ale Pie Served with Creamed Potatoes & Vegetables <i>or</i> Spanish Omelette Served with Potato Wedges & Salad	Smoked Haddock served with New Potatoes & Peas
<b>DESSERT</b>						
Strawberry Mousse & Cream	Banana Sponge & Custard or Cream	Profiteroles in Chocolate Sauce	Mandarin Cheesecake	Semolina Pudding Topped with Jam or Ice Cream	Red Cherry Tart Served with Cream or Ice Cream	Fruit Flan Served with Cream or Ice Cream
<b>SUPPERS</b>						
<i>Milky Drink with Biscuits, Sandwiches and Snacks available</i>						

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<b>LUNCH AND EVENING ALTERNATIVES MEALS</b> <i>Jacket potato with various filling, assorted Salads and Sandwiches, Omelette, Soup, Cheese &amp; Biscuits, Ice cream, Yogurt, Fresh Fruit</i>						
<b>LUNCH SERVED 12.15</b>						
Salmon Fish Cake served with Chips, Beans, Bread & Butter  or  Omelette served with Beans or Spaghetti	Egg & Prawn Salad with new Potatoes served with Bread & Butter  or  Baked Potato Various Fillings	Pizza & Chips served with Salad  or  Bacon & Leek Pasta Bake	Home Cooked Gammon Served with Minted New Potatoes & Vegetables  or  Scrambled Egg, Waffles & Tomato	Battered Haddock Fillets with Chips & Mushy Peas or Poached Fish in Sauce Served with Creamed Potatoes and Garden Peas	Baked Potato Topped with Coronation Chicken Served with Salad  or  Cornish Pasty & Beans	Roast Topside of Beef with Yorkshire Pudding Served with Roast Potatoes & Vegetables or Honey Glazed Salmon Steak Roast Potatoes & Vegetables
<b>DESSERT</b>						
Semolina Topped with Strawberry Jam or whip	Chocolate Marble Sponge & Custard	Spotted Dick Served with Custard or Ice Cream	Creamy Rice Pudding or Ice Cream	Traditional Fruit Trifle or Ice Cream	Apple & Blackberry Crumble Served with Custard or Mousse	Treacle Sponge served with Custard or Cream
<b>AFTERNOON TEA</b> <i>Assorted Cake, Cookies, Scones, Chocolate Eclairs served with a selection of Hot &amp; Cold Beverages</i>						
<b>EVENING MEAL 4.15PM</b>						
Meat & Potato Pie Served with Potatoes & Vegetable  or  Homemade Soup	Turkey Escalope Topped with Barbecue Sauce served with Fondant Potatoes & Vegetables or Omelette served with Vegetables & Potatoes	Braised Steak in Rich Vegetable Gravy served with mashed Potatoes & Vegetables  or  Cheese Salad	Shepherd's Pie Served with Gravy & Vegetables or Cheese & Onion Quiche served with Diced Potatoes & Vegetables	Finger Buffett including Sandwiches, Sausage Rolls, Crisps & Pickles or Omelette Served with Potatoes	Cumberland Sausage Ring Served Creamed Potatoes & Vegetables	Egg served with Waffles, Beans & Bread & Butter  or Jacket Potato Various fillings
<b>DESSERT</b>						
Black Cherry Pie with Custard, Cream or Ice Cream	Jelly Fruit & Cream	Banana Whip or Fruit & Cream	Fruit Flan Served Cream	Summer Berry Pavlova	Sliced Peaches Served with Ice Cream or Cream	Pineapple upside down cake served with Cream or Ice Cream
<b>SUPPERS</b> <i>Milky Drink with Biscuits, sandwiches and Snacks Available</i>						

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<b>LUNCH AND EVENING ALTERNATIVES MEALS</b>						
<i>Jacket potato with various filling, assorted Salads and Sandwiches, Omelette, Soup, Cheese &amp; Biscuits, Ice cream, Yogurt, Fresh Fruit</i>						
<b>LUNCH SERVED 12.15</b>						
Cornish Pasty & Beans  <i>or</i>  Ravioli in Tomato Sauce	Salmon & Broccoli Quiche Served with New Potatoes & Salad  <i>or</i>  Jacket Potato with Various Fillings	Bacon, Egg, Sausage with Black Pudding  <i>or</i>  Macaroni Cheese	Soup of the day Served with Bread Rolls  <i>or</i>  Omelette Served with salad & New Potatoes	Battered Haddock Chips served with Mushy Peas  <i>or</i>  Poached Fish in Sauce Served with Creamed Potatoes & Garden Peas	Hot Dogs & Finger Rolls with Onions & Potatoes Wedges  <i>or</i>  Fish Cake & Potato Wedges & Peas	Roast Turkey & Stuffing served with Roast Potatoes & Vegetables  <i>or</i>  Bacon & Leek Pasta Bake
<b>DESSERT</b>						
Apple Crumble Served with Custard or Mousse	Creamy Rice Pudding or Whip	Chocolate Sponge Served with Custard	Ginger Sponge & Custard or Ice Cream	Sherry Trifle	Apple Pie Served with Custard	Lemon Sponge & Custard or Ice Cream
<b>AFTERNOON TEA</b>						
<i>Assorted Cake, Cookies, Scones, Chocolate Eclairs served with a selection of Hot &amp; Cold Beverages</i>						
<b>EVENING MEAL 4.15PM</b>						
Rich & Creamy Fisherman's Pie Topped with Creamed Potato & Vegetables <i>or</i>  Pork Steak with BBQ Sauce	Sausage, Liver & Onions Served with Creamed Potatoes & Vegetables <i>or</i>  Meat Balls with Creamed Potatoes & Vegetables	Roast Leg of Lamb with a Rich Mint Gravy Served with Roast Potatoes & Vegetables <i>or</i>  Haddock Morney	Steak & Ale Pie Creamed Potato & Vegetables  <i>or</i>  Jacket Potato with Various Fillings	Finger Buffet including Sausage Rolls, Sandwiches Crisps & Pickle Onions	Minced Lamb & Dumplings with Vegetables <i>or</i>  Jacket Potatoes with various Fillings	Pork Pie Salad  <i>or</i>  Tuna Salad served with New Potatoes
<b>DESSERT</b>						
Mandarin Cheesecake	Black forest Gateaux	Peach Flan & Cream	Poached Pears & Ice cream with Chocolate Sauce	Victoria Sponge	Cherry Scone with Cream	Chocolate Mousse & Cream
<b>LUNCH AND EVENING ALTERNATIVES</b>						
<i>Jacket Potato with Various Filling, Assorted Salads and Sandwiches, Omelette, Soup, Cheese &amp; Biscuits, Ice-cream, Yogurt and Fresh fruit.</i>						
<b>SUPPERS</b>						
<i>Milky Drink with Biscuits, Sandwiches and Snacks Available</i>						

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